

One Crash & It's Trash!!

It's that simple! No matter how much you paid for your helmet—no matter what brand it is... One crash and it's trash — repeat after us — “One Crash and It's Trash!!”

When in doubt—replace the helmet. It's your safety and future we're talking about. That's why Helmets R Us makes sense. We provide a top-notch helmet at an affordable and REPLACEABLE price!

Cleaning Your Helmet

Always clean the helmet with mild soap and water only. Do not clean with solvents, bleaches or strong detergents. They can damage the helmet—sometimes invisibly.

Helmets & Heat

High temperatures (above 110F/40C) will deform most all plastic shells. Do not leave your helmet in your car or anywhere else near direct or indirect heat. If your helmet deforms, it is not covered by our one year warranty.

Warranty

Helmets R Us warrants to the original purchaser of this product that the product is free of defects in material and workmanship for a period of one year from the date of manufacturing. Except to the extent prohibited by applicable law, and implied warrant of merchantability or fitness for a particular purpose is limited in duration to a one year period. This warranty does not apply to defects or physical damage resulting from abuse, neglect, improper repair, improper fit, alterations, or use unintended by the manufacturer. This warranty is in lieu of all other agreements and warranties, general or special, express or implied and no representative or person is authorized to assume liability on behalf of Helmets R Us in connection with the sale or use of this product.

Warning

Any and all helmets have a limited life span. In our professional opinion, helmets should be replaced every couple of years or if they show obvious signs of wear. And always remember....

“One Crash & It's Trash”



Helmets R Us

IMPORTANT!

Bicycle
Safety
Helmet

OWNERS-
MANUAL

Helmets R Us
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Phone: (253) 627-2121
Fax: (253) 572-4225

Owner's Manual

The helmet you have just purchased is from Helmets R Us. It is constructed with a foam liner and a plastic microshell. Extensive testing verifies that this helmet meets the various shock absorption, penetration, strap strength and coverage provisions of specific US and International headgear standards. The standard designation of this helmet is inside your helmet.

Warnings

All safety equipment has limitations. Read and follow all instructions carefully.

- This helmet is designed to absorb shock by partial destruction of the energy absorbing liner. This damage may not be visible! Should this helmet be subjected to a severe blow, the helmet should be destroyed and replaced.
- REMEMBER—ONE CRASH & IT'S TRASH!
- A helmet can only provide a level of protection for areas that it covers.
- No helmet can protect the wearer from all foreseeable accidents. Even a low speed accident can result in a serious head injury or fatality.

About Your Helmet

The outer shell allows the helmet to be rated one of the lightest helmets while providing excellent durability and integrity.

This helmet also has a shock absorbing EPS inner liner and uses a quick release buckle that is simple and can be buckled and unbuckled without changing the adjustment.

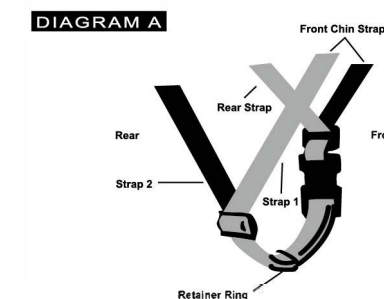
Fitpads are also included with your helmet for a better comfort and fit.

Your helmet bears a CPSC designation which means it meets or exceeds the U.S. Consumer Product Safety Commission Standards.

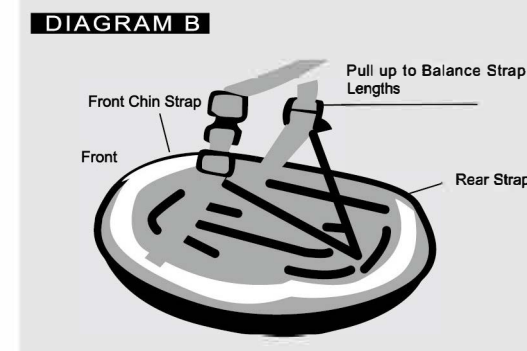
Proper Fit

The helmet must fit properly to be effective. With a proper fit, the helmet will not move back and forth or side to side while fastened. The straps must be snugly and evenly tensioned. If your straps are not adjusted correctly, your helmet will not stay on properly.

After putting on your helmet, notice which strap is loose. Tighten the loose strap after removing the helmet. To tighten the chin strap, hold the buckle with one hand and pull the excess strap through (Diagram A).

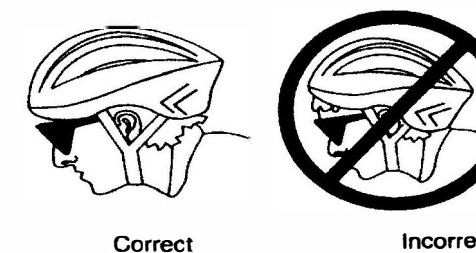


To tighten the rear strap, pull excess from the rear of strap. Hold the helmet with one hand; with the other hand, hold the strap where they pass under your chin. Then pull from side to side to balance the length of all four straps (Diagram B).



The helmet must sit firmly and level on your head (Diagram C). To lower the front of the helmet to cover your forehead, tighten the chin strap and loosen the rear strap. To raise the front, loosen the chin strap and tighten the rear strap. If you can not adjust the helmet to meet these requirements, do not use the helmet. Replace it with a different size or a different model. Your helmet should not interfere with your ability to chew or swallow.

DIAGRAM C



Do's

Always wear your helmet in the proper position. Fasten your buckle and tighten your chin strap. Check your adjustments every time you wear your helmet. Inspect your helmet regularly for signs of wear or damage. Exercise care and good judgment whenever you ride.

Don'ts

Never wear a helmet that has been in an accident. Don't attach anything to the helmet that isn't recommended by the manufacturer. Never wear anything sharp or hard underneath your helmet. Don't take unnecessary risks just because you have a helmet on.